

Areas Covered

Derbyshire, Leicestershire, Staffordshire, West Midlands, Warwickshire, Northamptonshire.

Ages Covered

Adults aged 18+, young adults, older people.

Specialisms

- Neurological Rehabilitation
- Brain injury (including severe and complex)
- Catastrophic poly trauma
- Stroke
- Learning disability
- Neuro-degenerative disease
- Cerebral palsy
- Supervision: internal and external professional and managerial supervisor
- Aphasia
- Cognitive communication disorder
- Dysphagia
- Dysarthria
- Dysphonia (voice)
- Mental capacity
- Sensory integration Intensive interaction
- Makaton (Enhancement, now Level 4)
- Selective mutism
- Stammering
- Augmentative and Alternative Communication (AAC, Smartbox, Tobii Dynovox and Inclusive Technology).
- Talktools (Oral placement therapy, Level 1 and Level 2).

Qualifications and Achievements

- Doctorate of Health in Aphasia at Birmingham City University 2024-present
- Post Graduate Certificate in Research Practice at Birmingham City University 2025-present
- Manchester Post Basic Dysphagia Course 2019
- MMedSci in Clinical Communication Sciences 2018 at The University of Sheffield
- First Class Honours BA degree in English 2015 at The University of Nottingham.

Professional Background

I began my career as a Speech and Language Therapy Assistant at South Warwickshire NHS Foundation Trust. I joined EG Training Speech and Language Therapy as a Speech and Language Therapist, before progressing to a Specialist Speech and Language Therapist, and I now manage the Adult Therapy Services.

I have worked in the NHS in an acute hospital setting, a rehabilitation hospital and community services with adults with acquired neurological conditions including stroke, traumatic brain injury and dementia. I have been trained in using a Sensory Tool to Assess Responsiveness to help clients in emerging states of consciousness.

I now specialise in working with adults with acquired and traumatic brain injuries and stroke in the community. I also specialise in working with neurodiverse adults and adults with learning disabilities. My caseload mainly consists of clients with complex profiles and clients who often have multiple diagnoses. I strive to find therapies and interventions that work for every individual to help them meet their goals. I work with adults with non-verbal communication skills to help them be heard in a range of environments and settings. I also work with adults to help them reintegrate back into their life following brain injuries with aphasia and cognitive communication disorder.

I am a dysphagia trained specialist speech and language therapist so I can also support clients with eating, drinking and swallowing needs. This includes environmental adaptations, posture adaptations, diet and fluid consistency adaptations, oral tasters, direct therapy and indirect therapy techniques.

I set up and run speech and language therapy services in care homes and rehabilitation services. I regularly run bespoke and individualised training (communication and dysphagia predominantly) for care homes and for client care teams. I provide professional and managerial supervision to both internal and external Speech and Language Therapists and Speech and Language Therapy Assistants.

I enjoy learning about new developments in speech and language therapy and how they can help my clients. This passion has led me to working towards a Doctorate of Health which compliments and enhances my clinical knowledge and skills. I want to ensure I provide the best therapeutic interventions for my clients, so it is important to me to be at the forefront of, and contribute to, research.

Memberships and Continued Professional Development

- Registered with the Health and Care Professions Council (HCPC). Member number: SL36394
- Registered member of Royal College of Speech and Language Therapists (RCSLT). Member number: RC0038059
- Registered Association of Speech and Language Therapists (ASLTIP). Member number: 4706
- Member of the British Aphasiology Society
- Attended the Cognitive Communication Disorders Symposium 2025
- Attended the British Aphasiology Society Conference 2025
- Member of various Clinical Excellence Networks including the ABI CEN, Trent Dysphagia CEN, CEN for Autistic Adults and Trent Adults with Learning Disability CEN
- I have reviewed published articles in the RCSLT Bulletin
- Fully DBS checked
- Professional Indemnity Insurance
- First Aid training 2025
- Safeguarding Children – Level 2 2025
- Safeguarding Adults – Level 2 2025
- Health and Safety training 2024
- Dementia Friend.